

Role Outline:	Club Captain
Responsible to:	Club Committee

The Club Captain role mission statement is to include, involve, inspire. The responsibilities outlined below are intended to deliver on this mission. There can be several Club Captain positions, covering Men's Club Captain and Women's Club Captain.

Ideally, you'll need to be:

- Understanding of and committed to the club mission & values;
- A good communicator and with good interpersonal skills;
- Impartial and fair;
- Respectful of confidences;
- A motivator.

What you will do:

- To be visible and approachable where the club is present, at sessions, social events, on social media, etc.;
- To generate team spirit, celebrating and publicising the achievements of the club's athletes, encouraging attendance and involvement at voluntary activities and expressing gratitude towards those who do so;
- To increase awareness of, and participation in, club activities, events and social events;
- To ensure that social sessions are run in a manner that includes all;
- To make any team announcements at Club evenings, on the club's social media accounts, etc in order to keep the club members informed of events and other relevant information;
- To represent the athletes at Club Committee meetings as an athlete representative when you feel it is necessary, raising any issues, concerns or information relating to members or team selections;
- Sit in on team selection meetings for club team or relay events, contributing to selecting the right team based upon the events selection criteria; The team selection group will consist of the team captains (x 3), the chairman, the secretary and the assistant secretary
- To assist Race Directors with communication with the athletes regarding participation at events, from both running and volunteering perspectives.

How much time will it take?

This role in most cases will take about 1 hour per week, mainly evenings.

What you'll get out of it:

You will be contributing to effectively managing and running the club, ensuring there is a cohesion between members.